



# December Newsletter

## School Goals

- 1. We will teach our students to be resilient and to collaborate.*
- 2. We will teach our students self awareness and self regulation.*

## Principal's Message

December is a busy month with lots going on taking us in many directions. At times, this can be exhausting. When we are tired, we do not always make the best choices whether we are adults or children which leads to conflict. I often hear the term "bullying" used whenever there is a conflict which is not always accurate. A better understanding of the differences between peer conflict, mean behaviour and bullying is essential to working towards a resolution as they require different approaches.

I have attached a document which outlines the differences between peer conflict, mean behaviour and bullying. It also outlines the different ways that adults can intervene appropriately to ensure that the behaviour stops. I would strongly encourage you to take a few minutes to read through the document. I did send this information out last year and will likely send it out next year because it is important information to help support our students and ensure consistent communication at home and at school.

I want all children to feel safe coming to school. We all play a role in this whether it is keeping the school informed or modeling ways to intervene and resolve or stop the conflict. This is never an

## Important December Dates

**December 2 - Non-Instructional Day  
(NO SCHOOL)**

**December 13 - Term 1 Report Cards Go Home**

**December 13 - Grade 7 Holiday  
Shopping Child Care  
Fundraiser**

**December 16 - PAC Treat Day (Fresh Is Best)**

**December 17 - Band Concert (10:45am & 6:30pm)**

**December 18 - Winter Concert for  
grades K-6, does not  
include band students  
(10:45am & 6:30pm)**

easy task for anyone but it is too important to ignore. I hope that you find this document informative and helpful.

As always, if you have any questions about your child's progress at the school do not hesitate to contact their teacher. We always appreciate hearing from our parents!

I will also continue to post the most up-to-date information about upcoming school wide activities and events on our school website each

week on Friday afternoon:

<https://south-sahali.sd73.bc.ca/>. With the new website, it is possible to subscribe to the feed so that each week the weekly schedule is emailed directly to your inbox.

Thank you,

Blake Buemann, Principal



## A few reminders :

- Please remember to send students to school dressed for the weather forecast.

## Winter Concert Information

Our winter concerts are fast approaching. Due to the size of the gym, we must limit the number of spectators for the Kindergarten to Grade 6 performance on Wednesday December 18. A letter will be sent home with your youngest child on December 9, 2019 explaining how tickets will be allocated. Families will receive a maximum of 2 tickets for the evening concert. Grandparents and other guests are encouraged to come see the daytime performance.

Our winter concerts will be divided into two with the bands and choir performing on one evening and all other classes performing on the other. Both daytime performances will begin at 10:45am and both evening performances will begin at 6:30pm (Doors open at 6:00pm). Here are the dates:

**Tuesday December 17, 2019 (Choir, Mme Prince's and M. Hugues' classes)**

**Wednesday December 18, 2019 ( Kindergarten to Grade 6 except M. Hugues' class)**



## Communication

This is just a reminder that if you have any questions that come up during the year, there are a number of ways to get in touch:

- Call the school
- Send an email. Most of the staff and administration can be reached using the following example (Example: John Smith: [jsmith@sd73.bc.ca](mailto:jsmith@sd73.bc.ca))
- Check out our website! It is located at [www.south-sahali.sd73.bc.ca](http://www.south-sahali.sd73.bc.ca)

## Lost & Found

Our lost & found is growing. We don't want it to grow.

I invite any parents who have had items lost over the course of the year to go look through the items. They are located at the top of the stairs leading down to the gym. During the winter break, any clothes left behind will be donated as we do not have the room to store everything.

## Basketball Coaches Needed

The basketball season starts up in January. We are excited to see our students participate. In order to get ready for the season, I will do an announcement for students to sign up. This will help us figure out how many teams we can support. Before the winter break, I will put a call out for coaches. We appreciate all the support we get from the community of parents. Without your help, we couldn't run these programs.

### Games Days (January 21-March 12, 2020)

Tuesdays - Grade 6 & 7 Boys  
Wednesdays - Grade 5 Boys & Girls  
Thursdays - Grade 6 & 7 Girls

## PAC News

Hello Eagle Parents

We have a few items to share this month.

**Hot Lunch order forms** for the next round will be sent home shortly. **The deadline is December 20.**

The next Treat Day is on **December 16** featuring Fresh is Best chips and salsa.

Our Chapters Fundraiser is on **December 3 from 6-8:30.**

Have a great December !  
Allison Tremblay

## Aberdeen Neighbourhood Association Winter Carnival

What happens when Uncle Chris the Clown, a Winter Fairy, carnival games, snowshoe races, a scavenger hunt and so much more are all rolled into a mid-winter day of fun?

**The Aberdeen Neighbourhood Association Winter Carnival on Sunday, February 2, 2020!**

**Free entry** and numerous free games, activities, presentations and snowshoe races make this event accessible to everyone. Early bird registration pricing is offered for the full (or half) Winter Fun Run/Walk. Please contact Runners Sole to register if you are interested in early bird pricing. Regular adult and youth registration pricing is offered on the day of the event too. Children 12 and under can participate in the Winter Fun Run/Walk for FREE! Every runner receives both run refreshments and a meal as part of their registration fee. Anyone attending the event is welcome to bring their own packed lunch, but food and beverages are also available for purchase (we've been told our hot chocolate is some of the best in town!).

## Sledding Rules



With winter fast approaching, sledding is a favorite activity for the students. In order to keep them safe, the school has worked on a list of rules to minimise the risk of injury. I invite you to review the rules with your child when

the snows begin flying especially as they are lengthy. If you have any questions about the rules, please contact the school.

### Sledding and Snow Rules

#### Clothing

You need to wear snow pants, a winter coat, gloves/mitts, toque, and boots

Inside shoes need to be brought if not already – wet footwear comes off at the door and brush off snow from your body

**Going Down the Hill –the only sledding hill is the hill into the soccer field**

Line up

Slide on your bum only, feet first – NO HEAD FIRST EVER

Look before you slide

No more than 2 people per slide – NO linking or making of chains

Clear the bottom of the hill quickly

No jumps will be built – NO launching or running starts

#### Going Up the Hill

Walk up the path or in between the goal posts only – DO NOT walk up the sledding hill

### **When you may slide**

At recess and lunch only – there is no outside adult supervision on the hill before and after school so you may not slide then.

There will be alternating intermediate and primary days

When the bell rings, sliding ends immediately!

### **Sleds**

Crazy carpets and soft-sided sleds only, no GTs

If you bring your own sled you must have it clearly labelled with your name

You may not take anyone else's sled

Sleds must be left outside the door you line up at to come inside

You need to make arrangements for your sled if you are planning to leave it at the school overnight – the school will not be responsible for stolen sleds

The school has a bin of crazy carpets for everyone to SHARE – you may not hide or hog sleds

School sleds must be put away neatly at the end of each break or they will be taken away

### **Safety**

The hill will be closed when it is icy

Rules will be followed or you will lose the sledding hill: individually, by group or whole school – Teachers and supervisors will decide – do not argue with them if you are told to leave the area

Snow STAYS on the ground! NO SNOWBALLS!

### **Be kind**

Do not destroy someone else's snowman

Do not build snowmen at the bottom of the sledding hills



## **Attendance**

Consistent attendance is a vital component of any program and absolutely necessary in order for a child to succeed. Significant student absences and lateness will impact your child's ability to do well and achieve success in the educational program we offer at South Sa-Hali Elementary. However, on occasion it is necessary for your child to be away due to illness or other factors. Please call 1-844-350-2647 or visit: [go.schoolmessenger.ca](http://go.schoolmessenger.ca) if your child is going to be late or absent. You may also download the "SchoolMsg" app for iPhone or for Android and follow the instructions. If you need to pick up your child from school for an appointment you need to sign your child in and out at the office.

## **SSES Handbook**

For a copy of our South Sa-Hali Handbook, please visit the school website and look in the "What's Happening / News" section and then in "Newsletters" section.

## **Other Important Dates for the Year**

<b>Date</b>	<b>Activity</b>
Monday, December 2	District Non-Instructional Day – No Classes
Friday, December 13	Term 1 reports home
December 17	Band Concert

December 18	K-6 Winter Concert
Friday, December 20	Last day of school before winter vacation
Monday, January 6, 2018	First day of school after winter vacation
Friday, February 7	District Non-Instructional Day – No Classes
Monday, February 17	Family Day Holiday – School Closed
Thursday, March 12	Term 2 Report Cards Go Home
Friday, March 13	Last day before Spring Break
Monday, March 23	First Day back after Spring Break
Tuesday, April 7	Day of Suwentwecw
Friday, April 10	Good Friday- No classes
Monday, April 13	Easter Monday- No classes
Monday, April 27	District Non-Instructional Day – No Classes
Friday, May 15	District Non-Instructional Day – No Classes
Monday, May 18	Victoria Day Holiday – School Closed
Thursday, June 25	Last day for students – report cards home
Friday, June 26	Administrative Day

**[READ MORE ON OUR WEBSITE](http://south-sahali.sd73.bc.ca/)**  
**<http://south-sahali.sd73.bc.ca/>**



SCHOOL DISTRICT NO. 73  
(Kamloops-Thompson)

School District No. 73

607.1 Inclusive Education Services Handbook

## **Peer Conflict, Mean Behaviour and Bullying**

### **What's the difference?**

---

When a child is having a problem with their peers, it can be hard for parents to know what is really happening – is it bullying or is it something else?

Each type of behaviour must be handled differently, to keep children safe and help them learn how to get along with others.

#### ***Peer Conflict***

Conflict between and among peers is a natural part of growing up. Children will have times when they disagree and can't solve their own problems. They may even become so frustrated that they say mean things or act out physically by hitting, kicking or trying to hurt.

If it is peer conflict, you will be aware that these children:

- Usually choose to play or hang out together;
- Have equal power (similar age, size, social status, etc.);
- Are equally upset;
- Are both interested in the outcome; and
- Will be able to work things out with adult help (after calming down).

Adults can respond by helping the children talk it out, and see each other's perspective. This is often referred to as "conflict resolution".

#### ***Mean Behaviour***

Children may try out behaviours to assert themselves – sometimes saying or doing mean things – such as making fun of others, using a hurtful name, taking something without permission, leaving a child out, or "budging" in line.

If it is mean behaviour, usually:

- It is not planned and seems to happen spontaneously or by chance;
- It may be aimed at any child nearby;
- The child being mean may feel badly when an adult points out the harm they've caused.

When adults see mean behaviour they should not ignore it. Adults should respond quickly, firmly and respectfully to stop the behaviour, to let kids know that their actions are hurtful and to re-direct children to more positive behaviour.

This quick response stops the child from developing a pattern of mean behaviour as their way of interacting with peers, and prevents mean behaviour from escalating into bullying. It is a lot easier to correct a child for one nasty comment than to change a pattern of cruelty that grows over time.



SCHOOL DISTRICT NO. 73  
(Kamloops-Thompson)

School District No. 73

607.1 Inclusive Education Services Handbook

## **Peer Conflict, Mean Behaviour and Bullying**

### **What's the difference?**

---

#### ***Bullying Behaviour***

Bullying is a serious behaviour that has three key features – all three must be present for the situation to be considered bullying:

- Power imbalance – One child clearly has power over the other(s), which may be due to age, size, social status, and so on.
- Intention to harm – The purpose of the bullying behaviour is to harm or hurt other(s) – it is intended to be mean and is clearly not accidental.
- Repeated over time – Bullying behaviour continues over time, and gets worse with repetition. There is a real or implied threat that the behaviour will not stop and in fact will become even more serious.

The effect on the child who is being bullied is increased fear, apprehension and distress. Often by the time adults find out about what is happening, the child has tried many ways to stop the bullying but cannot do so on their own.

Adults must address the bullying behaviour and ensure the safety of the student who has been targeted. They also need to reassure the children who may have witnessed the behaviour that adults are taking care of it.

When schools respond to bullying, staff will also help the child who has been bullying others to take responsibility for their actions, and change their behaviour. They will monitor the situation to ensure the bullying stops, and will support the child who has been bullied to regain confidence and a sense of safety. Staff may follow-up with the students who observed the behaviour to help them learn what to do when they see bullying.

The “conflict resolution” style of bringing the children together is not recommended in bullying situations, until considerable time has gone by and all children are feeling safe enough to talk about what happened so that relationships can be healed.

Source: Vancouver School District #39 – Social Responsibility & Diversity Team