



News from the Nest



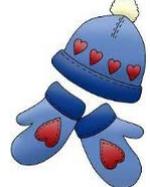
Thursday, October 27th, 2022

Weyt-kp parents, guardians, and caregivers,

What a wonderful Fall we have had and Winter is just around the corner. The temperature has definitely changed and there is a chill in the air, particularly in the morning. As the temperatures continue to drop, it will be increasingly more important for your child to come to school dressed for whatever Mother Nature decides to throw at us for recess and lunch hour. We will be sending students outside in inclement weather, so it is crucial that they are prepared with outside shoes/boots, a jacket, and soon enough mitts and a tuque.



Mats and boot racks have been placed in the hallways, and once the rain and snow start to fly, we ask everyone, staff, students, **AND PARENTS**, to take their boots off



at the door. It just takes one pair of wet and snowy boots to make the hallways slippery and dangerous. Also, no one likes to step in wet snow in sock feet on their way to putting on his/her/their indoor shoes. If you haven't done so already, please make sure to send a pair of indoor shoes to school with your child.

I hope that everyone has had the opportunity to connect with your child/ren's teacher this month, as lots of learning has already happened. If you haven't chatted with your child's teacher, reach out to him/her to make an appointment time that works for the both of you. As a school we are working on our Growth Mindset and developing a sense of belonging at school. We have created a beautiful eagle wingspan, made with a feather created by each student, and we invite you to take a picture of your child in front of it the next time you are at school, as it makes for a beautiful and impactful picture.



During the month of November, we will be using the assessment tools we developed last year to help us measure our growth in our School Learning Plan goals:

1. Students will show growth in their ability to recognize the appearance of and the monetary value of currency, solve real-world problems involving money, and identify their needs and wants with respect to spending and saving.
2. Students will experience a sense of belonging by developing warm, caring and consistent relationships with peers and adults in order to persevere and take risks in their learning.



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Sometimes it's hard to connect with your child and find out what they are learning in school. Rather than asking "How was school today?" and getting the typical "Nothing" response, try these conversation starters instead:

- Tell me about the best part of your day.
- Can you tell me an example of kindness you say/showed?
- Did you tell anyone "Thank You" today? What was it for?
- Did you like your lunch today?
- Aside from your teacher, what other adults did you talk to today?
- Did you learn any new words today? What are they?
- What is the word of the week?
- What was hard/difficult today, but you did it anyway?
- What was the hardest rule to follow today?
- Did anyone (i.e. your classmates/teachers/principal) do anything funny/silly to make you laugh today?
- What is the word of the week? What does it mean?
- What book are you (or the teacher) reading in class? Do you like it? Why or why not?
- Tell me one thing that you know now that you didn't know when you woke up this morning.
- What are you looking forward to tomorrow?
- If you could switch seats with anyone in the class, who would it be and why?
- If you could switch places with your teacher, what would you teach the class?
- If you were the principal for the day, what would you do first?

If you get any concerning, insightful, or funny responses, please don't hesitate to share them with either me or your child's teacher. We would love to hear about what your child/ren say about what they do all day at school.

Professional Development Day - Rescheduled

The professional development day that was originally scheduled for Monday September 19th but was postponed due to the death of Queen Elizabeth, has been rescheduled for **Monday, November 21st**. School will not be in session for students, as teachers will be involved in professional learning.

Student and Family Affordability Fund

The Ministry of Education and Child Care announced the Student and Family Affordability Fund on August 29, 2022. This \$60M one-time fund is intended to make back to school more affordable for families that need it most. This fund is provided directly to school districts to help expand school meal and snack programs, ensure students have access to school supplies, field trips, arts, cultural events, and athletics. Please contact your school principal, teacher, CEA, AEW, or Band Education Manager for more information or click [here](#) .



Growth Mindset

We are continuing to work on building our growth mindset at South Sa-Hali. October's focus has been on how we can change our negative thoughts to positive ones with positive self-talk. Instead of saying, "I'll never be able to do this" say "I can't do this, yet. If I keep practicing, one day I will be able to do it!" At our Growth Mindset assembly, we celebrated all the students who took risks participating in cross-country running and volleyball for the first time, despite being nervous and not knowing for certain what to expect. We watched a short video about how our brain gets smarter: <https://youtu.be/rf8FX2sI3gU> and learned a new song about



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the Power of Yet <https://youtu.be/I6CnrFvY94E>. The students really enjoyed both these videos. If you have time, review these videos with your child(ren) and talk to them about what they are learning about how to have a growth mindset.

PAC Halloween Family Dance

On Friday, October 28th our PAC will be hosting a Halloween Family Dance at the school. This should be a great family fun event with a canteen, craft area, a photo booth, and a dance with a DJ. Just a friendly reminder that there will not be any supervision for children at this event, so it is the expectation is that your child/ren will attend the event **WITH** a parent or the whole family. Thank you for your understanding and please come out for what will be a spooktacular good time! Doors will open at 5:00 for dinner/canteen and the music will start at 5:30. The dance will end at 8:00.

If you would like to volunteer for a short period during this event, please e-mail the PAC at sseskamloops@gmail.com.

Halloween at School

Halloween is happening on a Monday this year and students are welcome to wear their Halloween costume Monday, October 31st if he/she/they choose to do so. Please contact your child's teacher about their plans for the day and when they will expect their students to change back into their street clothes. Please remember the following guidelines when choosing a costume to wear to school:



- No masks – we need to be able to quickly identify students and we need to see their face in order to do so.
- No weapons (this includes plastic guns, swords, etc.)
- No ultra-violent or gory costumes/make-up (we don't want to frighten the younger students)

We will be having a costume parade for our primary students (K-3) in the morning right after announcements at 8:45, and parents are invited to attend. Intermediate students will line the halls, and primary teachers will lead their class throughout the school.

Homemade goodies are permitted this year, but individual servings are recommended (i.e. individual cookies or cupcakes, rather than an entire cake that needs to be cut). Because each teacher will have a different plan for the day, **please check with your child/ren's teacher before sending treats to school.** Also keep in mind that there are many food allergies at our school, so do not send anything containing nuts.

Because Halloween is happening at the very beginning of the week, I have a feeling that we will have some very tired ghosts and goblins on Tuesday morning. You can help to make the remaining part of the week a little more bearable for everyone involved by:

- Getting back onto a regular sleep schedule as soon as possible (maybe even a little earlier than usual on Tuesday night).
- Limiting how many sugary treats and pieces of candy your child/ren brings to school (no more than 2 pieces please – unless they are Twix bars, and they can leave as many as they like on the Principal's desk 🍬).
- Sending a healthy lunch to help balance out the sugar intake.
- Monitoring how much candy and sugary treats your child/ren eat before and after school.

The Great Pumpkin Parade @ Berwick





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We have a number of classes that are participating in The Great Pumpkin Parade each night Friday Oct. 28 – Monday Oct. 31 from 6:30pm – 8:30pm. You are invited to drive through the Berwick Loop and view the 180 Jack-o-Lanterns on display. You can find Berwick on the Park at 60 Whiteshield Crescent South (250-377-7275). Remember to wave to the seniors!



Closing of the Gate on Whiteshield Crescent

With the promise of snow in the coming weeks and months, this is a reminder that upon the first snowfall, the gate at the top of the stairs at the Whiteshield Crescent entrance is closed by our District Maintenance Department for the winter season. You will need to plan to drop off your children at a different location, such as the bus stop/lower parking lot. This does mean that there will be an increase in the volume of cars using this area to drop off or pick up their children, so I ask that you be patient with each other as we all want your children to arrive and depart school safely. This increase in traffic in the drop-off and pick-up lanes also means that you will need to be efficient in the drop-off/pick-up lane. Make your end-of-day plans and give hugs and kisses prior to getting into the car in the morning, so that you can take the time that you need to do so meaningfully, without holding up traffic behind you.

PAC Meeting and PAC FB page

Our PAC meeting will take place Tuesday November 22nd at 7:00pm at the school and via Zoom. Everyone is welcome to attend.

Our PAC also has a [Facebook page](#) (South Sa-Hali Elementary PAC-Ecole South Sa-Hali PAC) that you might want to consider joining. In order to be granted access, you will need to answer the questions posted.

Important Upcoming Dates

If you subscribe to the calendar on our [school website](#), updates to the calendar will be sent directly to your phone. You may also opt for a weekly e-mail as to the week's upcoming events.



Friday, Oct. 28 th	PAC Halloween Dance 5pm – 8pm
Monday, Oct. 31 st	Wear your costume to school (if you want) Primary Costume Parade @8:45am
Tuesday, Nov. 1 st	Intro to Cheer/Dance After School Program
Thursday, Nov. 3 rd	PAC Hot Lunch (Maurya's Cuisine)
Friday, Nov. 4 th	PAC Cookie Dough and Cheesecake Orders Due (see order form attached to e-mail) PAC Winter Plant Sale Orders Due (see order form attached to e-mail)
Sunday, Nov. 6 th	PAC Purdy's Orders due (see order form attached to e-mail)
Tuesday, Nov. 8 th	Photo Re-takes
Nov. 7 th – 10 th	School-Wide Resiliency Survey/Self-Assessment Survey
Thursday, Nov. 10 th	Remembrance Day Assembly @ 11am PAC Hot Lunch – Chopped Leaf
Friday, Nov. 11th	Remembrance Day (School is closed)
Nov. 14 th - 18 th	School-Wide Financial Literacy Assessment
Thursday, Nov. 17 th	PAC Hot Lunch – Booster Juice
Monday, Nov. 21 st	Pro-D Day (School is not in session for students)
Tuesday, Nov. 22 nd	PAC Order Pick-Up: Plants, Purdy's Chocolates, and Cookie dough/Cheesecake @ Lower Parking Lot PAC Meeting @ 7:00pm- Hybrid (@ school and via Zoom)



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Thursday, Nov. 24th

PAC Hot Lunch – Panago Pizza

As always, if you have any questions or have any concerns that you would like to discuss, please don't hesitate to call the office.

Sincerely,

Susie Mabee
Principal