



# News from the Nest



Thursday, March 3<sup>rd</sup>, 2022

Weyt-kp parents, guardians, and caregivers,

The end of Winter is in sight, and Spring is just around the corner, provided Mother Nature doesn't decide to change her mind at the last minute. Where they are not extremely icy and slippery, our field and playground areas are saturated with water and replete with mud puddles, leaving our campus quite a mess and making play time at recess and lunch a challenge. Keeping in mind that we are only 11 school days away from a 2-week Spring Break has provided much solace to both students and staff alike. It's been a busy and stressful couple of months, and I hope that this much needed break provides each and every one of us the break that we so deeply need to recharge our batteries.

It is my hope that when we come back to school on April 4<sup>th</sup> that even more COVID-19 restrictions will be lifted and we can really enjoy the last portion of the school year. As in the past, as soon as I am aware of how these changes impact the functioning of our school, I will pass them on to you.

In addition to the everchanging nature of our COVID-19 mandates and guidelines, the current situation unfolding in the Ukraine may also be causing some stress and anxiety. Here is a site that may give you some tips on how to talk to your child: <https://www.apa.org/topics/resilience/kids-war>. If you notice any significant changes in your child's behaviour or level of worry, please let me know so we can get the appropriate supports in place.

## School Learning Plan

In our work towards our school learning plan goal ***"Students will show growth in their self-confidence by taking risks in their learning,"*** each month until the end of the school year will be focused on a particular theme – April's focus will be on it being ok to making mistakes, May's focus is on the Power of Yet, and in June we will be a celebration of our growth in risk taking.

## New Staff Members

In the past few days we have welcomed a couple new staff members to our team. We said au revoir to Mme Cowley last week and said bonjour to Mme Stephanie on Tuesday. Mme Stephanie posted into the position prior to the start of the school year; however, she was on maternity leave and Mme Cowley was covering her position for the first 2/3 of the year. We look forward to many years of music education with Mme Stephanie.

We are also very grateful to Mme Fortie for stepping into Mme Nevin's role after she left her CEA position to become our librarian assistant. Mme Fortie has integrated seamlessly into the fold and brings with her a smiling face every day.

Welcome to the Eagle's Nest!!!



# News from the Nest



## **Staff Parking Lot**

As of late, we have noticed that there are several parents/guardians/caregivers either parking in the staff parking lot or on the driveway up to the school in the morning, but more so, at the end of the day, and I would like to politely ask you to discontinue this practice, as it causes an unsafe environment for children and families during high volume times, such as pick up and drop off times. In addition, we ask that you do not park in staff parking spots during the lunch hour, as it is incredibly frustrating for staff who leave briefly to pick up materials for their lesson on their lunch break, to come back and have nowhere to park.



The staff parking lot and driveway up to the school is off limits to parents, guardians, caregivers, daycares, etc., unless given explicit permission by the office staff.

## **Thank you**

An enormous thank you goes out to all of you who support the PAC fundraising efforts. Next week we will be unveiling a brand-new Chromebook Cart with 30 new Chromebooks paid for in its entirety (computers and charging cart) by the PAC. Merci.

## **Competency-Based IEPs**

Does your child have an Inclusive Education Plan (IEP)? If so, then this session is for you! School District No.73 is rolling out competency-based IEPs in September 2022. Learn how competency-based IEPs are similar yet different from the current IEPs being used. You will also learn more about how you, the parent/guardian, will be a significant stakeholder in the development of the new competency-based IEP.

Monday, March 14th, 2022 6:00 – 7:00pm Register [HERE](#) Your Child and the New Competency Based IEP. This session will be presented by Pam Gurney, Inclusive Education Services Coordinator.

## **Basketball**

With our first basketball season in a couple of years in the bag, I would like to take this opportunity to thank all of our coaches, referees, and scorekeepers for their time and dedication to our players. Without these prized individuals, we would not have been able to have had a season:

- Coaches: Matt Sarkor, Jolene Veller, Denise Underwood, Andrew Karpiak, Scott Venables, Mme Charlotte, Mme Clare
- referees: Jaron Sarkor, Cohen Veller, Denise Underwood, Desiree Berglind, Mme Clare
- scorekeepers: Sawyer deVries, Pika Kanakubo, Vienna Ma, Anika Phillipotts, Desiree Berglind, Emily Vince, Evelyne Wood, Lynden Parkins, and Alana Smith.

A big thank you goes out to Mme Clare who coordinated all of our teams, referees, and scorekeepers, and even refereed a few games and ran skills practices for our grade 6 students.

Good luck to our Tier 1 Boys' and Girls' teams who are each participating a playoff game next week, on Tuesday and Thursday. Play hard and have fun!



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## School Lunches

As of late, we have had a drastic increase in the number of students coming to the office asking for snacks, saying that they have eaten their entire lunch at recess, or they have forgotten their lunch, etc. While we appreciate that forgetting one's lunch can happen to the best of us from time to time, we do not want to positively reinforce this habit. Please take a moment to discuss with your child if they have enough food in their lunch, and how to space out the food in their lunch throughout the day. Sometimes, even putting a post-it on what they should eat for snack, and what they should eat for lunch is helpful for those students who have a difficult time deciding what to eat.

We are even finding that students are coming to the office in the afternoon and after school, telling us that they are hungry, so packing some extra snacks for after school would be greatly appreciated.

If your family is having financial difficulties which make providing a lunch difficult for your child, please contact Mme Mabee ([smabee@sd73.bc.ca](mailto:smabee@sd73.bc.ca) or 250-374-2451) in the office so that we can make arrangements to suit your needs. Kids have a hard time learning when they are hungry.

## Lost and Found

Our Lost and Found boxes are already almost completely full. Please make sure to label your child's belongings so that we can get them back to him/her/them when we find them. This includes mittens, gloves, boots, hoodies, masks, water bottles, etc.



We will have all of the items of our lost and found out on tables in front of the library for students to collect any lost belongings the week prior to Spring Break (March 14<sup>th</sup> – 18<sup>th</sup>). Parents you are welcome to come into the school and claim any lost treasures as well. We ask that you avoid the times when the halls are busy, (i.e. in and around our bell times 8:30 – 8:45, 10:15 – 10:30, 10:45 – 11:00, 12:00 – 12:30, 1:05 – 1:15, and 2:40 – 2:55). You are also reminded that you must wear a mask that covers your nose and mouth while you are in the building.

## School Boundaries and Transfer Requests

Each year we are required to share our School District Administrative Procedure 305, which outlines the process of transferring schools within the district. Please take a moment to peruse the AP attached to the e-mail.

## Spirit Day

Mme Wallis' have planned an 80's themed Spirit Day on the last day of school before Spring Break, **Friday, March 18<sup>th</sup>**. Get out your old leg warmers and neon colours. I can't wait to see the fun outfits and to play some 80s tunes on the PA system.





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## Student Learning Survey

The [2021/22 Student Learning Survey](#) (SLS) is available now **until April 29, 2022** for students in Grades 4, 7, 10, and 12, as well as parents, staff and principals/vice-principals. The student and staff surveys are available in English and French, and the parent survey is available in 18 languages.

**Parents**

- Please complete one survey for each child.
- Parents have two options for accessing the survey: either by using a logon provided to you by your school, or by using the Direct Access (no logon number required) Access (please select one of the options below).

With a logon number from your school	Direct Access — no logon number required
Logon # <input type="text"/>	District: <input type="text" value="73 Kamloops"/>
Language: <input type="text" value="English"/>	School: <input type="text" value="South Sa-hali Elementary"/>
<input type="button" value="Log On"/>	Language: <input type="text" value="English"/>
	<input type="button" value="Log On"/>

It would be greatly appreciated if you could please take a moment to fill out this survey. Students will be completing the survey during class time sometime before Spring Break.

## Dressing for the Changing Weather



Spring is trying to make its way and the snow is melting, leaving us with some pretty slippery conditions in the morning and very wet conditions by lunch time. We try to get students outside every day, even if it is only for 10-15 mins in very cold or wet weather; therefore, it is very important for your child/ren to come to school prepared for the elements. In addition, teachers will continue to bring their students outside for some much needed “mask breaks,” so appropriate attire (ie – outside rain/snow boots, rain/winter jacket) will be necessary.



It is also very helpful for your child to have a change of clothes at school in the off chance that they get wet or muddy during their outside play time. It is much less disruptive to everyone (you included) if we can have them change into dry clothes without having to call someone to bring some to the school in the middle of the day.

## Grade 7 Year-End Fundraising

Our Grade 7 families are hosting a number of fundraisers in order to raise money for their year-end trips and festivities. One of the events that will be taking place is a Bottle Drop in our bottom parking lot in the morning during drop-off time on the following dates:

- Monday **April 4<sup>th</sup>** & Tuesday **April 5<sup>th</sup>**
- Tuesday **April 19<sup>th</sup>** & Wednesday **April 20<sup>th</sup>**
- Monday **May 9<sup>th</sup>** and Tuesday **May 10<sup>th</sup>**
- Tuesday **May 24<sup>th</sup>** & Wednesday **May 25<sup>th</sup>**





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If you have any bottles and/or cans that you would like to donate to this group, they would be most appreciative. In addition, you can drop your bottles off at any of the three General Grants locations in Kamloops and tell them that you would like to donate them to South Sa-Hali Elementary, and we will put those funds towards our Grade 7s. General Grants is accepting milk and milk substitute drink containers (i.e. soy, almond, oat, etc. milk) but not yoghurt drinks. Please ensure that these containers have been thoroughly washed, otherwise they need to be thrown in the trash instead of collected for the refund.

The Grade 7s are also selling **Ukrainian Garlic Sausage, Perperoni, and Bavarian Sausages** from Gary's European Deli (see the attached order form in the e-mail) and **Purdy's chocolates** online by clicking this link <https://fundraising.purdys.com/1513335-94378>.



## Hot Chocolate Day

A big **thank you** goes out to our PAC for organizing a Hot Chocolate day on February 26<sup>th</sup>. Each class went outside for a cup of hot chocolate and a bag of popcorn, which was a tasty afternoon snack. We were even treated by the sun, who chose to make an appearance, warming the air and bringing a smile to many faces.



## PAC Hot Lunch

Ordering for our final term (April to June) for the 2021-2022 school year will run from March 4<sup>th</sup> -18<sup>th</sup>. **No late orders will be accepted!** Please see the letter, attached in the e-mail from Mme Mabee, from our Hot Lunch coordinator, Karlee Waight, about how to order.

The PAC Hot Lunch organizers would also like to remind parents that meals cannot be saved for late pick up if their child/ren are absent. They got a big lecture from Food Safe about this matter. Meals for absent students will go to students in need.

## PAC Fundraising

The PAC has a number of fundraising initiatives planned for the coming months.

### **1) Meal Prep Workshop Fundraiser (MARCH):**

Do you like the idea of meal prepping but aren't sure where to start? Does 5 o'clock ever arrive and somehow you forgot to plan dinner? Love having an easy dish ready to cook for your family's dinner? Join this fun virtual meal prep workshop! Pick-up your grocery package, then tune in to the zoom to see how to prepare 4 entrees in under 1 hour. Your registration of **\$120** includes all groceries except those listed plus Tupperware containers to freeze your meals in once complete. A portion of your registration will be donated to the school.

The meals to be prepared are:

- Slow Cooker Pepper Steak



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- Asian Beef Skewers
- Bruschetta Chicken Bake
- Curried Chicken Slow Cooker Stew (can be vegan on request)

**You will need to provide:** 1 cup soy sauce, 1 tablespoon cooking oil, 2 tablespoons cornstarch, 1 teaspoon sugar, salt and pepper. **The rest of the groceries will be provided to you.** All recipes are gluten free (if you use gluten-free soy sauce).

Grocery pick-up:

**Option 1** - Sunday, March 6, 4 pm-9pm at 465 Gleneagles Drive

**Option 2** - Monday, March 7, 2 pm-3:30 pm at the school

Then join the zoom class on Monday, March 7 at 7pm for a one-hour workshop where we will prep all our entrees and you'll learn a ton of meal prep tips and tricks! Register at this link: <https://forms.gle/iqdisZ65DJZTCQh69> or contact Amanda at [amanda.j.mckeen@gmail.com](mailto:amanda.j.mckeen@gmail.com) or call/text 250-320-3641 if you have any questions. Registration deadline Friday, March 4.

## **2) Value Village FunDRIVE (APRIL):**

Do you have an urge to purge? Just like last year, our PAC has planned a Value Village FunDrive to collect your donated clothing and small household items. The shipping container collection box will be set up at the bottom of our school grounds on April 11<sup>th</sup> and PAC will be collecting your donations after that. Start organizing those closets and getting rid of those clothes that don't fit any more! The PAC will **NOT be collecting books or household items larger than a microwave, including furniture.**

## **3) Plant Sale (APRIL/MAY)**

Orders are due in April with delivery of plants in early May.

## **4) Online 50/50 Draw (JUNE)**

## **5) Mabel's Labels (ongoing)**

1. [https://mabelslabels.ca/en\\_CA/by-occasion/school-labels.html](https://mabelslabels.ca/en_CA/by-occasion/school-labels.html)
2. Click support a fundraiser
3. Search for South Sahali. Select our school.
4. Shop as normal! 20% of your purchase comes back to the PAC.

## **PAC Meeting and PAC FB page**

Our next PAC meeting will take place **Thursday, March 17<sup>th</sup> at 6:30pm** via Zoom. Everyone is welcome to attend. Our PAC also has a [Facebook page](#) (South Sa-Hali Elementary PAC-Ecole South Sa-Hali PAC) that you might want to consider joining. In order to be granted access, you will need to answer the questions posted.



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## Important Upcoming Dates

March 14<sup>th</sup> – 18<sup>th</sup>

Thursday, Mar. 17<sup>th</sup>

Friday Mar. 18<sup>th</sup>

March 21<sup>st</sup> – April 1<sup>st</sup>

Monday, Apr. 4<sup>th</sup>

Thursday, Apr. 7<sup>th</sup>

School-Wide Write (all grades)

St. Patrick's Day

PAC Meeting @ 6:30

SPIRIT DAY – 80s Day

Spring Break (two weeks)

School Re-Opens

Day of Suwentwecw



As always, if you have any questions or have any concerns that you would like to discuss, please don't hesitate to call the office.

Sincerely,

Susie Mabee

Principal